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ABSTRACT OF THE DISCLOSURE

A recording apparatus comprises a detector 107 for detecting a video attribute, a detector 109 for detecting an audio attribute, and an address information generator 108 for generating specific address information Isa which indicates a data write address at the time when the video attribute or the audio attribute changes, on the basis of the outputs from the detectors 107 and 109. The specific address information Isa is written in a recording area of an optical disk 106, which area corresponds to VMGI 10b1 constituting management information (VMG information) 10a for each VOB. Therefore, when playing an audio video stream recorded on the optical disk 106, quick access can be made to the recording position in the stream where the attribute change occurs.

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